

**2012
NPC**

**DELAWARE STATE/DE OPEN BODYBUILDING, FITNESS & FIGURE SHOW
(NATIONAL QUALIFIER #10751)**

DATE: Saturday Aug. 11, 2012

LOCATION: Delaware Theatre Company, 200 Water St Wilmington DE 19801

ELIGIBILITY: DE State (open to DE residents only), DE Open (open to all)

ENTRY FEE: \$50 per Division, \$20 crossover fee. Money order or cash only

NO PERSONAL CHECKS

Mail Apps & Money Orders To: Todd Howe, PO Box 1641 Havertown PA 19083

WEIGH-IN/REGISTRATION: 9am-11:30am

Athletes may register the day of the show.

NPC cards will be available at the show **(\$100)**

SCHEDULE: Competitor Mtg 11:30am

Prejudging Starts at 12 noon

FINALS 6pm

DIVISIONS: DE OPEN Contest

Open Men BB> BW up to 143.25 lbs, LW up to 154.25 lbs, MW up to 176.25 lbs, LHW up to 198.25 lbs,
HW up to 225.25 lbs, SHW over 225.25 lbs

Open Women BB> LW 125lbs, MW 125lbs-140, HW over 140lbs

Open Figure > A class 64", B class 66", C class over 66"

Open Master Figure (35+) 1 class

Open Master Men BB (40+) 1 class

Open BIKINI (2 classes)

Open Master Bikini

Open Men Physique 1 class (Board Shorts Required)

Women Physique

DE State Contest

DE State Men BB > BW, LW, MW, LHW, HW, SHW

DE State Women BB > LW, MW, HW

DE State Novice Men BB > LW up to 176.25 lbs, HW over 176.25 lbs

DE State Figure > A up to 66", B up to 66", C over 66"

DE State Fitness 1 class

DE State Master Figure (35+) 1 class

DE State Teen Men BB (19 & under) 1 class

DE State Master Men BB (40+)

DE State Bikini (2 classes)

DE State Women Physique

AWARDS: 5 places awarded in each class

Overall Trophy awarded to: DE State/DE Open BB (Men & Women)

DE State Novice Men BB

DE State/DE Open Figure

DE State/ Open Bikini

MUSIC: Music must be the only music on the CD, 90 sec. time limit. No vulgar lyrics

TICKETS: \$10 prejudging, \$30 FINALS

PROMOTERS: Todd Howe howe269@JUNO.com, (215)680-2894

Tracey Greenwood onefitphd@gmail.com

DE State/DE Open BB, Fitness & Figure Show
OFFICIAL ENTRY FORM

NAME _____

ADDRESS _____

CITY _____ State _____ ZIP _____

DIVISIONS:

DE OPEN Men BB DE Open Women BB Master Men BB
 DE Open Fig DE Open Master Fig DE Open BIKINI
 DE Open Men Physique (board shorts required)
 DE Open Master Bikini DE Open Women Physique

DE State Men BB DE State Women BB DE State Novice BB
 DE State Figure DE State Fitness DE St Master Figure
 DE St. Teen DE St. Master Men BB DE State Bikini
 DE State Women Physique

Send Entries/ Make Money Orders Payable To:

Todd Howe, PO Box 1641 Havertown PA 19083

Entry Fee: \$50 per division, \$20 crossover fee

NPC cards will be available the day of the show. (\$100)

Athletes Liability Release Form:

In consideration of your acceptance of this entry, I hereby, for myself, my heirs, executors and administrators, and my assignees, waive and release all rights and damages I may have against the National Physique Committee of the USA, Inc. Todd Howe, Tracey Greenwood, Delaware Theatre Company and all sponsors of the event, their representatives and assigns, for any and all injuries incurred by me in conjunction these championships and in traveling to and from the event. And in further consideration of permission being granted to me to participate in the 2012 DE State/DE Open Bodybuilding, Fitness & Figure Show and its related events, I hereby grant the NPC, and/or any other NPC-approved video or entertainment organization and all of their agents, successors, licensees and assigns, the right to photograph or otherwise reproduce (whether by film, tape, still photography or otherwise) my voice, appearance and name and to exhibit, distribute, transmit, and/or otherwise exploit any and all media, including without limitation, by means of still photography, motion pictures, radio, television, television motion pictures, video, printing or any other medium now known or hereafter devised, including with respect also to any merchandising, advertising and/or publicity, and the right to use my name and information about me in any connection with any of the foregoing.

SIGNATURE

(PRINT)

IF THIS FORM IS BEING SIGNED BY A PERSON UNDER 18, PLEASE SIGN BELOW

Parent or Legal Guardian

(Print)

Competitors Bio

Name: _____

Hometown: _____

Thanks to: _____

