



**2010 NPC Philadelphia Bodybuilding Championships &
TRACEY GREENWOOD FITNESS / FIGURE / BIKINI CLASSIC
(National Qualifier)**

Date: Sat. June 26 at Drexel University, Mandell Theater, 3300 Chestnut St Phila, PA

Time: Registration & weigh-in 10am-12pm, Prejudging 12:30pm, FINALS 5pm

Entry Fee: \$50 per division, \$20 crossover

Divisions: Open Men*Open Women*Jr Men*Master 40+ * Master Men 50+ * Novice Men * Figure *Master Figure*Fitness*Bikini

Tickets: \$20 prejudging, \$40 FINAL

GUEST POSER 2008 Mr. OLYMPIA DEXTER JACKSON



For further info contact: Tracey Greenwood at onefitphd@yahoo.com or Todd Howe (215)680-2894, howe269@juno.com



2010 Delaware State/DE Open Championships



BODYBUILDING * FITNESS * FIGURE * BIKINI

(National Qualifier)

Date: Saturday, August 28, 2010

Where: "baby grand in, The Edith & Alexander Giacco Bldg", 818 N. Market St Wilmington DE

Time: Registration/Weigh-In 9am-11am, Prejudging 11:30am, Finals 6pm

Entry Fee: \$50 per division, \$20 Crossover

Divisions: DE State (State Residents Only) Open Men BB, Women BB, Figure, Master Figure 35+, Fitness, Novice Men BB

DE Open: Open Men BB, Women BB, Figure, Master Figure 35+

Tickets: \$10 Prejudging, \$30 FINALS

For further info contact: Todd Howe (215)680-2894 or howe269@juno.com, Tracey Greenwood onefitphd@yahoo.com

Guest Poser: IFBB Pro Flex Lewis



Philadelphia/Greenwood Classic
Bodybuilding, Fitness & Figure

OFFICIAL ENTRY FORM

Name _____

Address _____ City _____

State _____ ZIP _____ email _____

DIVISION

Open Men **Novice Men** **Men 40+** **Men 50+** **Jr. Men**

Fig A (64") **Fig B (64-66")** **Fig C (over 66")** **Master Fig**

Women BB **Fitness** (Master & Jrs must show proof of age.)

BIKINI Competition

Send entries to:

Todd Howe PO Box 1641 Havertown PA 19083

Entry Fee: \$50 per division, \$20 crossover fee. NPC cards will be available at the venue. **(\$90)**

AWARDS: Overall trophies awarded to Open Men, Open Women, Figure & Fitness

Music: Music must be the only music on the CD, 90 sec. time limit. **NO VULGARITY**

Athlete's Liability Release Form:

In consideration of your acceptance of this entry, I hereby, for myself, my heirs, executors and administrators, and my assignees, waive and release all rights and damages I may have against the National; Physique Committee of the USA, Todd Howe, Tracey Greenwood, The Mandell Theatre and all sponsors of the event, their representatives and assigns, for any and all injuries incurred by me in conjunction with these championships and in traveling to and from the event. And in further consideration of permission being granted to me to participate in the 2008 NPC Philadelphia Bodybuilding Championships & Tracey Greenwood Fitness/Figure Classic and its related events, I hereby grant the NPC, and /or any other NPC-approved video or entertainment organization and all of their agents, successors, licensees and assigns, the right to photograph or otherwise reproduce (whether by film, tape, still photography or otherwise) my voice, appearance, and name, and to exhibit, distribute, transmit, and/or otherwise exploit any and all media, including without limitation, by means of still photography, motion pictures, radio, television, television motion pictures, video, printing or any other medium now known or hereafter devised, including with respect also to any merchandising, advertising and/or publicity, and the right to use my name and information about me in any connection with any of the foregoing.

Signature _____ Name (Please Print) _____

IF THIS FORM IS BEING SIGNED BY A PERSON UNDER 18 PLEASE SIGN BELOW.

Parent or Legal Guardian (signature)

(Print)